



Immigrants Rising is committed to serving undocumented communities during the Coronavirus (COVID-19) pandemic. We put together this list of resources to help undocumented immigrants navigate the crisis. Please [contact us](#) if there are additional resources that you would like to add to this document. We will continue to update it as the situation develops.

*Recursos para inmigrantes sobre COVID-19 en español—[utilice este enlace](#)*

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## 1. Addressing Fear and Coping with Stress During Infectious Disease Outbreaks

- Explore The Conversation's [10 Reasons Why Not to Panic](#) to learn how we can collectively contain and defeat the Coronavirus
- Check out these tips from the Center for Disease Control on Managing Anxiety & Stress during infectious disease outbreaks in [English](#) or [Spanish](#)
- Learn about SAMHSA counseling services available to you through their [Disaster Distress Helpline](#) and [Response Mobile App](#)
- Check out this [guide for parents and caregivers](#) to help families cope from the National Child Traumatic Stress Network
- Get parenting guidance on talking to young and school-age children about coronavirus in [English](#) or [Spanish](#)
- Care for yourself and loved ones with the Informed Immigrant's [Mental Health Toolkit](#)
- To connect with a crisis counselor about anxiety, isolation, concerns about school, financial stress, etc. related to COVID-19, text SHARE to 741741 for [free, confidential, 24/7 support](#).
- Wednesdays and Sundays from 5-6 PM (PT), join Immigrants Rising's virtual [Wellness Gatherings](#) dedicated to helping undocumented young people stay grounded and connected to one another.
- If you or a loved one are in need of support, call the 24-hour [National Domestic Violence Hotline](#) (1-800-799-7233) or text "LOVEIS" to 22522 anytime, for free and confidential support.
- If you or someone you know has been directly impacted by a hate crime or racist incident, please report the incident and your story to [STOP AAPI HATE](#) (English). Also available in [Chinese](#), [Korean](#), [Thai](#), [Vietnamese](#), [Japanese](#) or [Khmer](#).

## 2. Health Access & Guidance Regarding Covid-19

- USCIS has confirmed that the Public Charge rule does not restrict access to testing, screening, or treatment of communicable diseases, including COVID-19. [USCIS Alert](#)
- Some undocumented individuals are eligible for full-scope Medi-Cal. Currently, Medi-Cal covers [testing](#) at no cost.
  - i. [Senate Bill 75](#) offers full-scope Medi-Cal to undocumented children up to 19 years of age.
  - ii. New legislation has expanded full-scope Medi-Cal benefits to [young undocumented adults under age 26](#).
  - iii. [Individuals with DACA status](#) will continue to be eligible for state-funded, full scope Medi Cal
  - iv. Undocumented people are also qualified for [Emergency Medi-Cal](#)
- Protecting Immigrant Families explains [your rights when accessing health services](#).
- United We Dream published a [list of state-specific health care resources](#) for undocumented folks and a [great video](#) about how to make your own hand sanitizer.

- Free Clinic Directory has nationwide resources for uninsured people to [connect with affordable and free health clinics in their area](#).
- One Degree connects low-income families to [health resources](#) in the San Francisco Bay Area and Los Angeles County.
- Department of Public Health has FAQs in [English](#), [Spanish](#), [Traditional Chinese](#), [Simplified Chinese](#), [Vietnamese](#), [Tagalog](#), and [Japanese](#): wash hands, social distancing, extra caution for elderly/pregnant/those with underlying conditions. (Other languages also available)
- There are currently **no home test kits** for COVID-19. Avoid any [suspected scams](#).

### 3. Connecting To Free/Low-Cost Resources

- U-Haul is offering [free storage units for 30 days](#) to college students.
- Several video conferencing software companies have opened up free access to their premium features including [Cisco Webex](#), [Google Hangouts \(for schools and businesses\)](#), and [Zoom \(for K-12 schools\)](#)
- Carriers like Charter, Comcast, and AT&T are offering free or reduced-cost internet access for students and low-income families. [Learn more](#)
- California utilities [suspend customer shut-offs](#) due to non-payment
- Car rental agencies ([Avis](#) & [Enterprise](#)) will waive underage fees for college students, under 25, who are returning home.
- Check out this national guide created by the Hope Center on [Supporting Students during COVID-19](#)
- If you have family members who are citizens, you may be eligible for CalFresh benefits. Learn more here in [English](#) or [Spanish](#).
- UndocuScholars created an [extensive list of nationwide resources](#) for undocumented Communities facing COVID-19

### 4. Legal Rights and Supports for Workers

#### General

- Legal Aid at Work provides clarity about [Undocumented Workers' Employment Rights](#), as well as a [Coronavirus FAQs in English, Spanish & Chinese](#)
- APALA has an infographic for employers with information on [Protecting API Workers](#)
- California Labor Commissioner's Office released FAQs on COVID-19 and Laws Enforced in [English](#) and [Spanish](#)
- County Office of Labor Standards Enforcement has an infographic detailing [Covid-19 Impact on Workers Pay](#) (check your local CA county office)
- [Relief Funds For Undocumented Workers In California](#) (available in English and Spanish)

## Workers with DACA & TPS

### NATIONWIDE

- Check out the [factsheet on immigrant workers eligibility for unemployment insurance](#), created by the National Employment Law Project.
- To find out about unemployment benefits in your state, use the U.S. Dept. of Labor's [Unemployment Benefits Finder](#) to determine eligibility and how to apply.
- A [2020 Recovery Rebate Tax Credit](#) will be available to all adults who have a valid Social Security number, are authorized to work, and are not claimed as a dependent on another person's tax return. Maximum amount is \$1200 per qualifying adult and \$500 per "qualifying child".

### CALIFORNIA

- The California Employment Development Department (EDD) is encouraging individuals with DACA and other employment authorizations who are affected by coronavirus layoffs to [apply for unemployment benefits](#). Workers don't have to be sick to qualify. Individuals who were laid off or had hours reduced due to coronavirus restrictions can also apply.
- Applying for unemployment benefits? Check out this step-by-Step application assistance created by the Jewish Family & Children-East Bay in [English](#) or [Spanish](#)

### MICHIGAN

- Michigan Immigrant Rights Center have information about DACA and Michigan Unemployment Insurance in [English](#) and [Spanish](#)

### ILLINOIS

- Illinois Coalition for Immigrant and Refugee Rights created an [infographic](#) about DACA and unemployment insurance in Illinois

## 5. Supporting Businesses & Freelancers

### General

- Check out this list of [online contracting opportunities in high demand](#) during the COVID-19 crisis. While undocumented people without work authorization are not eligible for unemployment benefits, now's a good time to think about alternatives ways to generate income through freelancing and entrepreneurship.
- Check out this guide to [supporting artists, performers, and service industry folks](#) during Coronavirus
- US-based BIPOC artists can apply to the [Arts & Culture Leaders of Color Emergency Fund](#)

- Check out this aggregated list of [COVID-19 & Freelancer Resources](#) of free resources, opportunities, and financial relief options available to artists of all disciplines.
- Stay informed about the ways small businesses can prepare for the impact of COVID-19 on their business and community through the [Small Business Majority](#)
- Find out how to support in-home care workers, nannies, and house cleaners during this crisis with these tools from the [National Domestic Workers Alliance](#).
- Federal, state, and local agencies are working to find ways to help small businesses in this time of need. [CAMEO](#) is gathering resources to inform small businesses about the support available to them.

## Accessing Financial Capital

- To learn more about building credit and accessing financial capital for yourself and your business using an ITIN, read our [Credit and Financial Capital Guide](#).
- Immigrants Rising's [KickStarter Grants](#) offers short-term, non-renewable grants.
- Inclusive Action for the City has created the [Street Vendor Emergency Fund](#) for Los Angeles vendors who cannot access assistance from the government.
- Low-interest business loans ranging from \$2,600 to \$250,000 are available through [Opportunity Fund](#).
- [Mission Asset Fund](#) offers 0% interest for credit-building loans (up to \$2,400) and loans to start or expand a business (up to \$2,500) Immigrants nationally. They also provide loans to CA residents to pay for USCIS application fees.
- Find loans or local business assistance on [Venturize](#).
- [COVID19 Capital Relief Directory](#) is a searchable database that includes grants, loans, and other cash equivalents that can help entrepreneurs, nonprofits and businesses anywhere in the world cope with the crisis.
- To support immediate needs, the Kauffman Foundation published [a guide to Small Business Administration \(SBA\) lending](#) and they are promoting the [COVID-19 Business Resources Center](#), developed by Hello Alice, which is updated daily with funding opportunities, resources, and information for small business owners.

## 6. Housing

- Various cities in California and other states have issued rent moratoriums for a limited time to prevent residents from being evicted due to a loss of income related to a business closure, loss of hours or wages, layoffs, or out-of-pocket medical costs caused by the COVID-19 pandemic.
  - i. California: [Statewide](#), [Los Angeles](#), [Oakland](#), [San Francisco](#), [San Jose](#)
  - ii. Other States: [Indiana](#), [Kansas](#), [Michigan](#), [New Jersey](#), [New York](#)
  - iii. To determine whether your city or state has a rent moratorium, please check your city government website or this [national listing](#) for updates.

- Use letters from SideHustle Templates for [CA Renters](#) or [Renters Outside CA](#) to reach out to your landlord to request a rent payment plan, rent suspension and/or temporary rent reduction due to COVID-19

## 7. K-12 Resources

- Several K-12 school districts across California are offering free meals to students and their families including [Butte](#), [Coachella Valley](#), [Jefferson en Español](#), [Fresno](#), [Los Angeles County](#), [Marin](#), [Merced](#), [Monterey County](#), [Oakland](#), [Riverside](#), [San Francisco](#), [San Mateo & Santa Clara](#), [Shasta](#), [Stockton](#), and [Yuba City](#).
- Free computers are available for low income students through [The On It Foundation](#) and [Computers with Causes](#)
- Students from Harvard, MIT, UC Berkeley give [free tutoring](#) to K-12 students. Visit <https://gopeer.org/> to learn more.
- [Cultivating Hope](#) offers FREE online math classes taught by graduates of UCLA, Harvard, and Dartmouth University.

## 8. Organizing & Action-Oriented

- United We Dream is asking folks to [sign their petition to ensure care for all immigrants & suspend enforcement activities](#)
- Define American is [compiling stories](#) of folks coming together to bolster community health and safety across America's diverse cultural landscape.
- Medical professionals have written an [Open Letter to ICE](#) urging the release of individuals in immigration detention given the risk of COVID-19.
- Detention Watch Network created an [organizational sign on letter to ICE](#) calling for the release of all people and cessation of enforcement operations

## 9. Other Resources for Immigrant Communities

- CA Immigrant Youth Justice Alliance (CIYJA) released [COVID-19 Resources for Undocumented Californians](#).
- Get an [update from NILC](#) on access to healthcare for immigrants and their families
- Learn about Central Valley [COVID-19 information and Resources for Immigrant Communities](#) created by the CA Rural Legal Foundation
- Check out the [Multilingual list \(AANHPI\)](#) of resources for ALL immigrants by Asian & Pacific Islander Health Forum
- Informed Immigrant set up a [DACA Renewal Clinic Database](#) that tracks organizations across the U.S. offering DACA renewal assistance services.
- NILC has created a [guide for DACA renewals in lieu of USCIS closures](#).
- CIPC has compiled a [guide for immigrant communities in California](#) including information for those who are undocumented and uninsured.

- [One-stop resource](#) for the people of California impacted by job loss during the COVID-19 Pandemic, including emergency resources, job training programs, job board and more.

## 10. Federal Government Updates

- CLINIC is working with government agencies and partners to secure the [most up-to-date information regarding agency status and responses to the COVID-19 crisis](#)
- United States Citizenship and Immigration Services (USCIS) will accept all benefit forms and documents with reproduced original signatures, including the Form I-129, Petition for Nonimmigrant Worker, for submissions dated March 21, 2020, and after. [Learn More](#)
- USCIS is suspending in-person services at its field offices, asylum offices, and application support centers from March 18 until May 3rd. However, USCIS staff will continue to perform duties that do not involve contact with the public. In the meantime, please call the USCIS [Contact Center](#) for assistance with emergency immigration-related services.
- USCIS announced that it will [reuse previously submitted biometrics](#) in order to process valid Form I-765, Application for Employment Authorizations extension requests until offices reopen.
- Effective March 18, Immigration and Customs Enforcement (ICE) will seek to arrest only persons whom they believe are “public safety risks” and certain individuals with criminal backgrounds. For all others, ICE will exercise discretion to delay arrests until after the public health crisis diminishes or utilize alternatives. Review the change in policy about Immigration Enforcement and other [ICE COVID-19 updates](#).
- The IRS deadline for filing federal taxes has been extended until July 15, 2020. For more information [check here](#). Individual state filing deadlines may vary.
- The Census Bureau has extended the [deadline to complete the 2020 census](#) to August 14, 2020.
- U.S. Department of Education has announced that [students can bypass standardized testing](#) this school year.

## 11. Social Distancing

- Share this infographic with [Guidelines on Social Distancing](#)
- Ariadne Labs talks about necessary steps to flatten the coronavirus curve in [Social Distancing: This is Not a Snow Day](#).

## 12. Up-To-Date Tracking of COVID-19 Cases Worldwide

- [Coronavirus Dashboard](#) tracks the numbers of cases including deaths and recovery rates both locally and globally, as well as provides an interactive map.
- [Why Fighting the Coronavirus Depends On You](#) is a video created by the Center for Disease Control (CDC), which highlights how slowing down the spread of the virus could save hundreds of thousands of lives.



# TANGIBLE SUPPORT FOR UNDOCUMENTED COMMUNITIES DURING COVID-19

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We would like to thank the California Immigrant Youth Justice Alliance (CIYJA) and the Presidents' Alliance on Higher Education and Immigration for providing resources for this document. CIYJA has released their own document: [COVID-19 Resources for Undocumented Californians](#).

## **ABOUT US**

**Immigrants Rising** helps you make decisions based on your potential, not your perceived limits. Visit our website so you can see what's possible: [www.immigrantsrising.org](http://www.immigrantsrising.org). For inquiries regarding this resource, please contact Nancy Jodaitis at [nancy@immigrantsrising.org](mailto:nancy@immigrantsrising.org).